



## **Bobcat Tennis & Sports Camp**

**Week #1 Monday, July 31<sup>st</sup> - Friday, Aug. 4<sup>th</sup>**

**Week #2 Monday, Aug. 7<sup>th</sup> - Friday, Aug. 11<sup>th</sup>**

LTS teachers Jon Cooper and Kris Nugent will coach your aspiring athlete different sports each day: soccer, golf, lacrosse, capture the flag, basketball, and much more. Each afternoon will include two hours of on-court tennis instruction with USPTA certified tennis pro Jon Cooper. With over twenty years of combined coaching experience, Mr. Kris and Mr. Jon are ready to show your children a fantastic time this summer. Sportsmanship, cooperation, communication, and respect will be at the forefront of every active day.

**Participants must be at least 7 years old by August 1<sup>st</sup>,  
2017**

**If you have any questions regarding our Camp, please contact:**

Kris Nugent: [knugent@laketahoeschool.org](mailto:knugent@laketahoeschool.org)

Jon Cooper: [jcooper@laketahoeschool.org](mailto:jcooper@laketahoeschool.org)

Lake Tahoe School (775) 831 5828



## **Camp Specific Guidelines**

- Campers must wear athletic attire each day
- Campers can bring their own racquets, but it is not mandatory.

### **Your camper will need to bring:**

- Tennis/running/athletic shoes
- Lunch (no heat-ups)
- Water bottle
- Hats & Sunglasses
- Sunscreen & Chapstick
- Any necessary medications (please speak with us in advance)

### **We will provide:**

- Nutritious snacks throughout the camp day
- Tennis racquet to borrow for camp, if needed.
- Prizes
- Celebratory End of Camp ice cream celebration



Lake Tahoe School  
ATHLETICS

## Sample Day

8:30a.m. - 9:00a.m. Camp participants arrive at Incline Middle School lower field and participate in a start of the day game

9:00a.m. - 11:30a.m. - Various sports, team-building activities, and fun fitness games

11:30p.m.- 12:30p.m. - Lunch

12:30p.m. - 3:00p.m. - Tennis Instruction focusing on stroke production and technique, and fitness and fun on the court! Tennis instruction will be at IVGID courts.

3:00p.m. - 3:30p.m. - Return to Incline Middle School for closing activity

3:30 p.m. - Parent Pick- up at Incline Middle School lower field

Please let us know if your camper will need any special arrangements for dietary or medical needs.

### Please Note:

Lake Tahoe School camps are PEANUT AND TREE NUT FREE; we ask that parents do not pack any food products containing possible nut contents.

Lake Tahoe School will provide daily snacks for campers!

We greatly appreciate your understanding.

**2016-17 WAIVER, RELEASE AND INDEMNITY AGREEMENT**

I understand that there are risks and dangers inherent in participating in and/or receiving instruction associated with school sponsored sports, field trips and other activities (hereinafter referred to as "activity"). I also understand that in order to be allowed to participate and/or receive instruction in such sports or activity. I must give up my rights to hold LAKE TAHOE SCHOOL, its Employees or its Trustees (LTS) liable for any injury or damage which I or my child(ren) may suffer while participating and/or receiving instruction in this sport or activity.

I further expressly agree that the foregoing Release and Indemnity Agreement is intended to be as broad and inclusive as permitted by the law of the State of Nevada and that if any portion thereof is held invalid, it is agreed that the balance shall continue in full legal force and effect.

Knowing this and in consideration of being permitted to participate and/or receive instruction in this sport or activity, I hereby voluntarily release LTS from any and all liability resulting from or arising out of my child(ren)'s participation and/or receipt of instruction in the activity.

I understand and agree that this Agreement will have the effect of releasing, discharging, waiving, and forever relinquishing any and all actions or causes of action that I may have or have had, whether past, present or future, whether known or unknown, and whether anticipated by me, arising out of my participation and/or receipt of instruction in the activity. This Release constitutes a complete release, discharge and waiver of any and all actions or causes of action against LTS, the Board of Trustees, its officers, agents or employees.

I understand and agree that this Agreement applies to personal injury, property damage, or wrongful death which I or my child(ren) may suffer, even if caused by the negligent acts or omissions of others, including LTS, the Board of Trustees, its officers, agents and employees.

I understand and agree that by signing this agreement, I acknowledge that while hiking, backpacking, camping, swimming, kayaking, rafting and/or participating in other outdoor education activities, a participant may be struck by lightning, get severely sunburned or drown. Dependent upon the environment and season, other hazards include avalanche, flashflood, landslide, hypothermia, heatstroke, sunstroke, hyponatremia or a variety of other maladies may prove life threatening or result in death. It is also possible that some participants would suffer mental anguish or trauma from the experience or their injuries. This list is not an exclusive or exhaustive list of possible injuries, trauma or accidents that may occur while participating in outdoor education activities.

I understand and agree that by signing this Agreement, I am assuming full responsibility for any and all risk of death or personal injury or property damage suffered by me or my child(ren) and any guardian ad litem for said child(ren).

I understand and agree that by signing this Agreement, I am agreeing to release, indemnify and hold LTS, the Board of Trustees, and their officers, agents and employees harmless from any and all liability or costs, including attorney's fees, associated with or arising from my or my child(ren)'s participation and/or receipt of instruction in the activity.

I understand and agree that if I am signing this Agreement on behalf of my minor child(ren), or on behalf of a child(ren) for which I am a legal guardian, that I will be giving up the same rights for said minor(s) as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Agreement and that I understand the words and language in it. I have knowledge of the familiarity with the potential dangers incidental to participating and or receiving instruction in school sponsored sports, field trips and other activities. My questions about potential risks and dangers and the effect of this Release and Indemnity Agreement have been answered to my satisfaction. I have been advised of the potential dangers incidental to participating and/or receiving instruction in said sport or activity.

I am the parent or legal guardian of the minor(s) \_\_\_\_\_, and I am signing this document on behalf of said minor(s).

Print Name of Parent / Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_

Camper Name: \_\_\_\_\_

**Camp Agreements:**

- 1. The camper agrees to have a positive attitude and avoid any behaviors that may disrupt the entire group.**

*Your attitude not only impacts your experience at camp, but it impacts the experience for other campers*

- 2. The camper agrees to not leave an area or an activity without the permission of a coach, once the camp day has begun.**

*The coaches need to know where you are and that you are safe at all times.*

- 3. The camper agrees to come to camp on time, prepared and ready for the daily camp activities.**

*It is important to be on time and ready for the day, we have lots of fun in store.*

- 4. The camper agrees to be conscious of others around he or she when using sports equipment.**

*It is important to be aware of other campers around you, as safety is our number one priority.*

- 5. The camper agrees to follow the rules that not only pertain to camp but also the overall rules of Lake Tahoe School and IVGID Tennis Center and facilities.**

*Following the rules not only ensures your safety, but also the safety of the other campers*

- 6. The camper agrees not to bring any electronics to camp.**

*The use of cell phones, IPods or any other electronics in camp, distracts the entire group from instruction and activities.*

- 7. The camper agrees to have a fun-filled exciting week at camp!**

By signing this form, the camper agrees to adhere all of the above agreements.

\_\_\_\_\_  
Camper Signature and Date

\_\_\_\_\_  
Parent/ Guardian Signature and Date